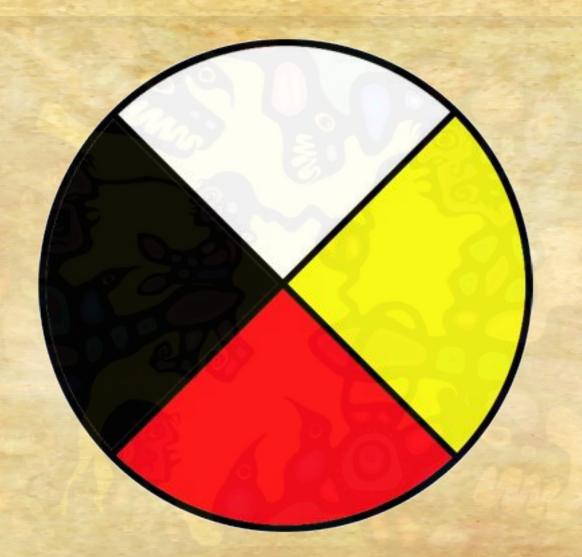
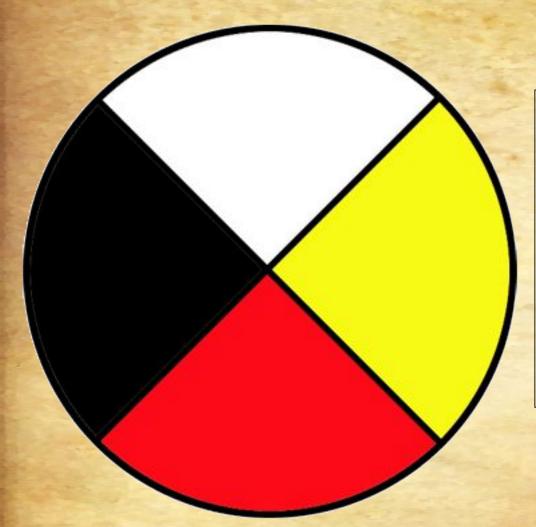


### Anishinaabe Medicine Wheel



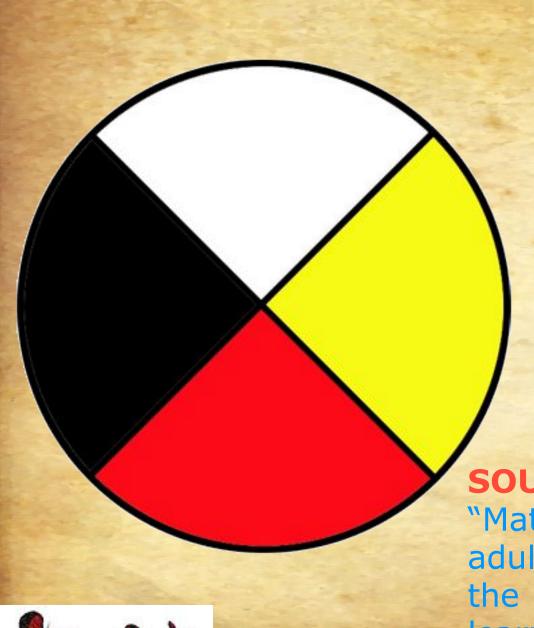




# **Beginnings** starts in the east (yellow)

"East is the direction of the physical body and newness including children and new borns. It is the time of change for all is a new beginning."





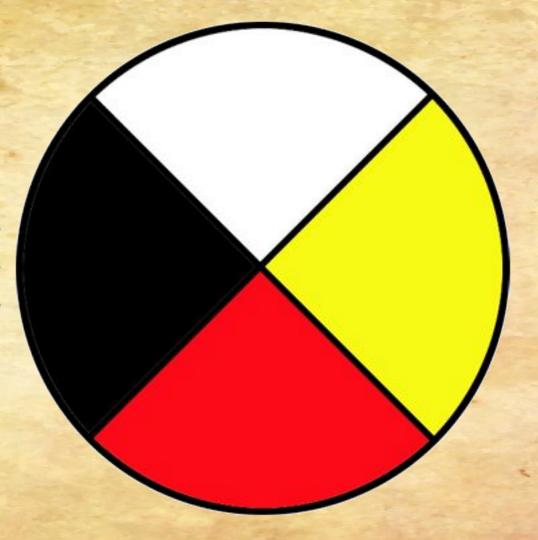
**SOUTH - Fire - Passion** 

"Maturing and growing into an adult to be that who was are. It is the time to accept the change and learn, to understand."

#### **WEST** Water - Emotions

We gather ourselves and family, working together to prepare for what is to come. As the place of emotions it is the place of family and love - of responsibility from our hearts because of the love.

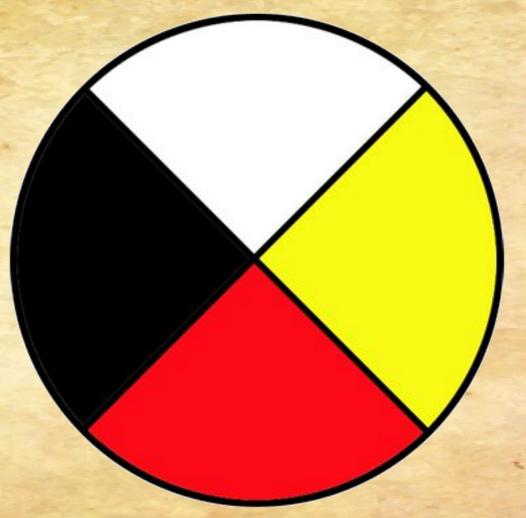
It is hard work and team efforts. "





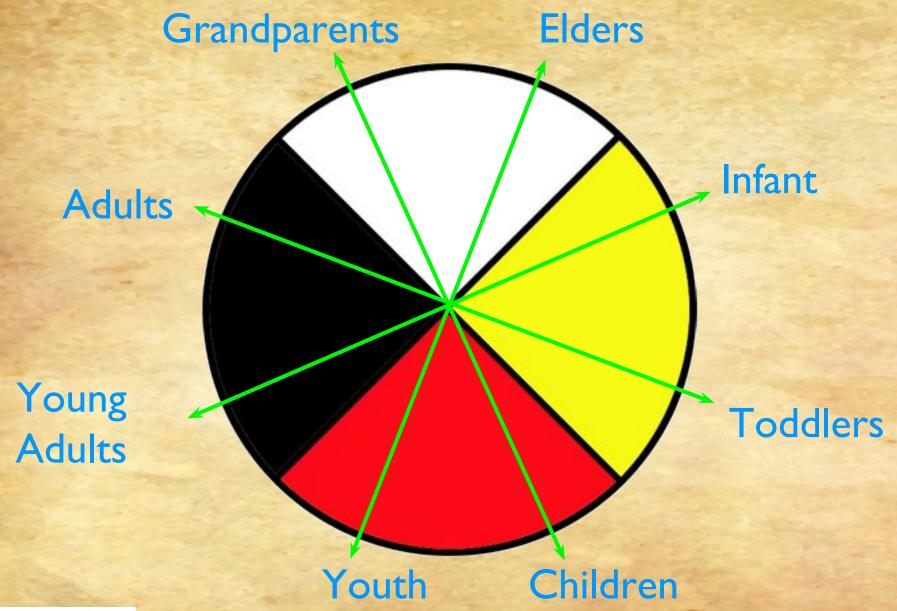
## NORTH (white) Earth - Wisdom

"As we get older our hair turns white, as we come to our time of winter. White (and purple) also symbolize spirituality. With experience and age we gain wisdom."

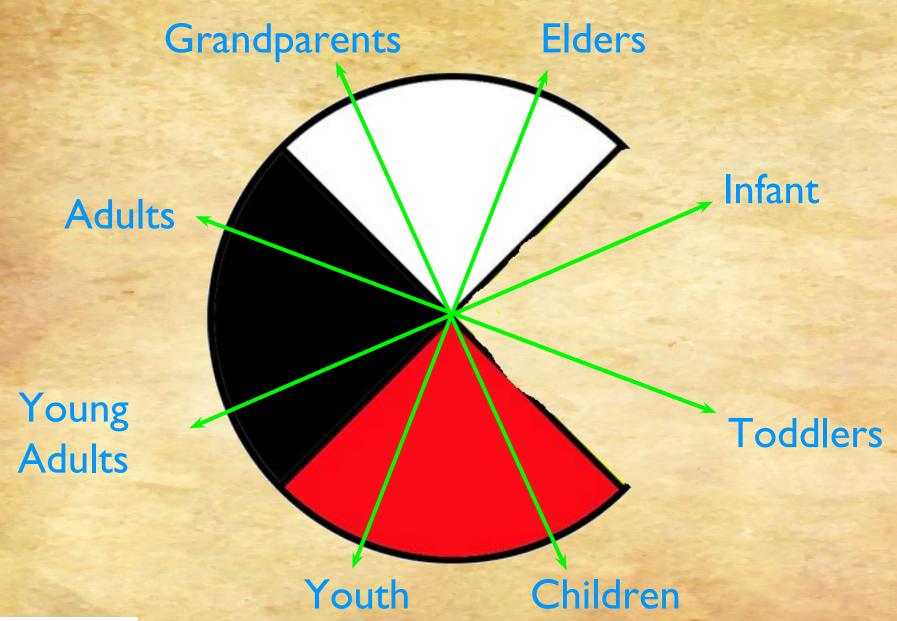




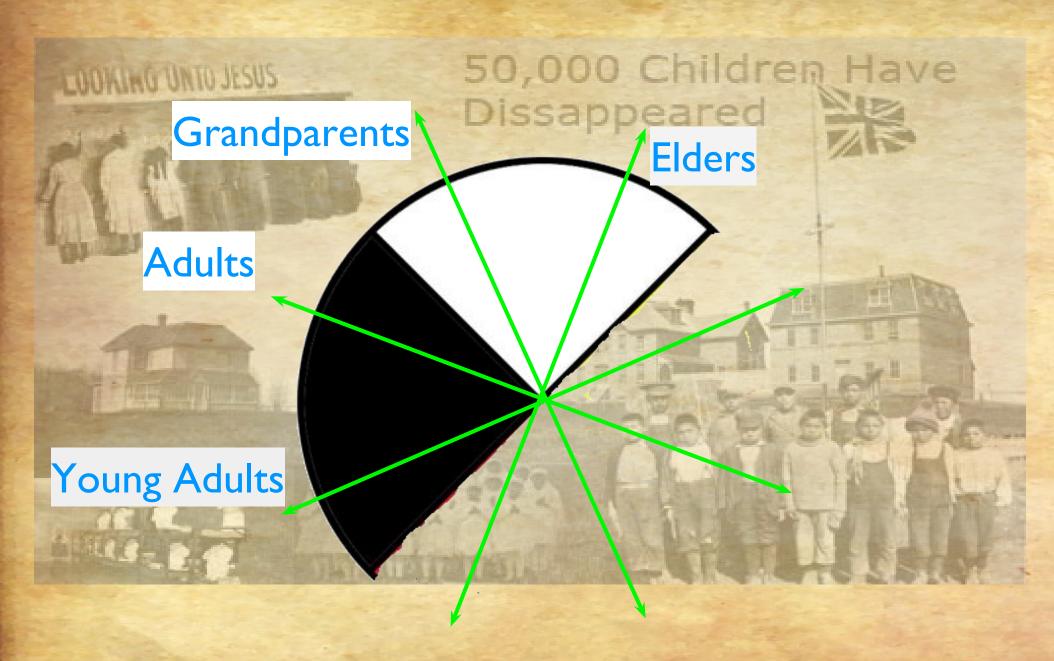
### Anishinaabe Medicine Wheel







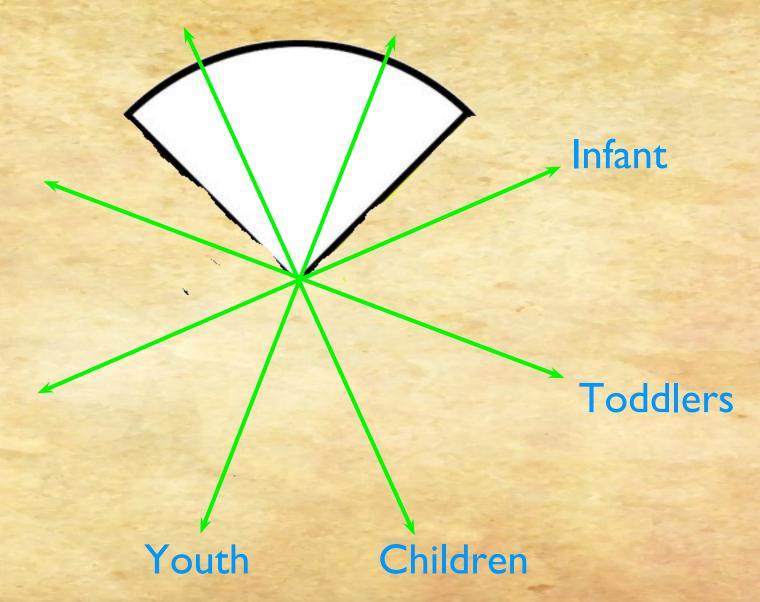






Who is left to: raise the kids, pass on the culture, the language,

the values?



Young Adults

